

HIV/AIDS AWARENESS PROGRAMME

Introduction

The purpose of this programme is to demystify HIV/AIDS and empowers delegates with knowledge about the disease, disease progression, transmission, treatment, legal rights and behaviour towards people living with HIV/AIDS.

This programme has been designed and developed by Aquarius Skills Solutions

Programme Outcomes

On completion of this programme the learner will be able to:

- Describe and explain nature of HIV/AIDS.
- Describe transmission routes.
- Describe and explain practices which reduce and prevent risk of infection.
- Describe and analyse attitudes toward HIV and AIDS in the workplace.

Programme Outline

Learning Unit 1 – The Nature of HIV and AIDS

- Introduction
- What are HIV and AIDS?
- What is the immune system?
- How do you know if you are HIV positive?
- How do you get HIV?
- Individual STI/HIV Risk Assessment questionnaire
- Stages and symptoms in the development of AIDS
- Attitudes & Knowledge Questionnaire

Learning Unit 2 – Practices that Reduce and Prevent the risk of Infection

- Major sources of HIV infection
- How NOT to get HIV/AIDS
- Questionnaire

Learning Unit 3 – Beliefs and Attitudes towards HIV and AIDS

- Attitudes towards HIV/AIDS
- How HIV/AIDS affects society
- Living healthy with HIV/AIDS
- HIV/AIDS in the workplace

Learning Unit 4 – The rights of people living with HIV and AIDS

- Your rights in the workplace
- Your right to health care
- Government Grants
- List of Contacts

Methodology

Training Programme Duration: 4 Hours

Formative Assessment: Learners complete a Knowledge Questionnaire after completion of the programme and take part in group exercises which form part of the assessment

Assessment: The learner submits a Portfolio of evidence within 5 days after completion of the programme.

NQF Level: 2

